



Mugberia Gangadhar Mahavidyalaya

Distribution of Syllabus

(Under CCFUP, 2023; Semester-I (w. e. f Session 2023-24)

Multidisciplinary Course (MDC)

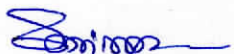
(Common Course for Undergraduate Programme under CCFUP, 2023)

Course Type	Course Code	Course title	Credit	L/T/P	CA	ESE	Total
MDC	MDC 01	Multidisciplinary Course -1 (to be chosen from the list) Social Value and Ethics	3	3-0-0	10	40	50

SEM-1: Course	Course Contents / Syllabus	Allotted Teachers	Total Class: 45
MDC-01T: Social Value and Ethics Credits: 03 (Full Marks- 50) Full Marks: 50 (CA-10 + ESE-40= 50)	Unit-I : Philosophy of Life and Individual Qualities Human Life on Earth - Purpose of Life, Meaning and Philosophy of Life. The Law of Nature – Protecting Nature /Universe. Basic Culture - Thought Analysis - Regulating desire - Guarding against anger - To get rid of Anxiety – The Rewards of Blessing - Benevolence of Friendship - Love and Charity - Self – tranquillity /Peace.	Dr. A. R. Khatua	15
	Unit-II : Social Values (Individual and Social Welfare) Family - Peace in Family, Society, The Law of Life Brotherhood - The Pride of Womanhood – Five responsibilities/duties of Man : - a) to himself, b) to his family, c) to his environment, d) to his society, e) to the Universe in his lives, Thriftiness (Thrift)/Economics. Health - Education - Governance - People's Responsibility / duties of the community, World peace.	Dr. P. Roy Chowdhury	15
	Unit-III : Mind Culture & Tending Personal Health Mind Culture - Life and Mind - Bio - magnetism, Universal Magnetism (God –Realization and Self Realization) - Genetic Centre – Thought Action – Short term Memory – Expansiveness – Thought – Waves, Channelizing the Mind, Stages - Meditation, Spiritual Value. Structure of the body - the three forces of the body- life body relation, natural causes and unnatural causes for diseases, Methods in Curing diseases.	Dr. M. Das	15

Date: 01.08.2023




 Signature of Principal
Principal
 Mugberia Gangadhar Mahavidyalaya